**FALL ARREST RESCUE CONSIDERATIONS**

\*This is NOT a rescue plan. Answering these basic questions can assist in the development of a site-specific plan\*

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| **How will you rescue a worker who has fallen and is suspended in a fall-arrest system?** | |
| **1. Will someone see it happen?**  ❑ Co-workers  ❑ Other trades  ❑ Plant personnel  ❑ Public | **6. What rescue equipment is needed?**  ❑ Ladder  ❑ Rolling scaffold  ❑ Suspended access equipment  ❑ Ropes  ❑ Aerial ladder truck  ❑ Boom truck or scissor lift  ❑ Climbing/rappelling equipment  ❑ First aid kit |
| **2. How will the worker call for help?**  ❑ Voice  ❑ Whistle  ❑ Cell phone  ❑ Telephone | **7. What if the worker is injured?**  ❑ Rescue within 30 minutes  ❑ Qualified first aider  ❑ Emergency services notified  ❑ Building superintendent  ❑ Hospital alerted |
| **3. Who will the worker call?**  ❑ Nearest co worker  ❑ Supervisor/employer  ❑ 911 where available  ❑ Fire department/ambulance | **8. How will the public be protected?**  ❑ Assign someone to direct traffic  ❑ Set up barriers |
| **4. Is information available?**  ❑ Emergency phone numbers  ❑ Site address  ❑ Directions/access for emergency services  ❑ Which floor/how high up  ❑ Worker's condition after fall | **9. How will the accident scene be**  **protected?**  ❑ Prevent further injury or damage  ❑ Set up barriers  ❑ Preserve wreckage  ❑ Aid investigation later |
| **5. How will rescue workers get to worker?**  ❑ Ladder  ❑ Keys to building and roof  ❑ Elevator  ❑ Pull worker in through window or balcony  ❑ Pull worker up to roof  ❑ Climb or rappel down the building/structure  ❑ Aerial equipment from ground | **10. Are there other considerations?**  ❑ Working alone  ❑ Language barrier  ❑ Unusual features of building/structure  ❑ Wind  ❑ Other hazards  ❑ No 911 in area  ❑ No emergency services nearby  ❑ Distance from high rescue teams  ❑ Suspended access equipment |